

HS CA Healthy Youth Act

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Growth, Development, and Sexual Health

Puberty, Gender Identity, and Sexual Orientation

Warm-Up

Get ready for the lesson.

Instruction

What factors influence an individual's gender identity and sexual orientation?

Summary

Review and connect what you learned.

Quiz Answers

Abstinence, Safe Sex, and Making Informed Decisions

Warm-Up

Get ready for the lesson.

Instruction

Why is it important to make informed decisions about sex?

Summary

Review and connect what you learned.

Quiz Answers

Conception, Pregnancy, and Birth

Warm-Up

Get ready for the lesson.

Instruction

What are the physical, emotional, and life changes brought about by pregnancy and childbirth?

Summary

Review and connect what you learned.

Quiz Answers

Sexually Transmitted Infections, HIV, and AIDS

Warm-Up

Get ready for the lesson.

Instruction

How can getting an STI affect someone's life?

Summary

Review and connect what you learned.

Quiz Answers

Unit Test

Unit Test Review Answers

Unit Test Answers

Skills for Healthy Relationships

Skills for Healthy Relationships

Warm-Up

Get ready for the lesson.

Instruction

What skills are needed to form healthy relationships?

Summary

Review and connect what you learned.

Quiz Answers

Healthy Family Relationships

Warm-Up

Get ready for the lesson.

Instruction

What makes for healthy family relationships?

Summary

Review and connect what you learned.

Quiz Answers

Understanding Relationships with Peers

Warm-Up

Get ready for the lesson.

Instruction

Why is it important to have good relationships with your peers?

Summary

Review and connect what you learned.

Quiz Answers

Healthy Relationships: Dating and Marriage

Warm-Up

Get ready for the lesson.

Instruction

What does it mean to be in a "healthy" romantic relationship?

Summary

Review and connect what you learned.

Quiz Answers

Parenting

Warm-Up

Get ready for the lesson.

Instruction

What are the best parenting choices?

Summary

Review and connect what you learned.

Quiz Answers

Conflict Resolution and Decision-Making Skills

Warm-Up

Get ready for the lesson.

Instruction

How can communication and decision-making skills help in risky situations?

Summary

Review and connect what you learned.

Quiz Answers

Gang Violence

Warm-Up

Get ready for the lesson.

Instruction

How does gang violence impact a community?

Summary

Review and connect what you learned.

Quiz Answers

Sexual Harassment and Sexual Assault

Warm-Up

Get ready for the lesson.

Instruction

What behaviors and actions constitute sexual harassment and sexual assault?

Summary

Review and connect what you learned.

Quiz Answers

Unit Test

Unit Test Review Answers

Unit Test Answers

Mental and Emotional Health; Alcohol, Tobacco, and other Drugs

The Importance of Mental and Emotional Health

Warm-Up

Get ready for the lesson.

Instruction

Why is it important to be mentally and emotionally healthy?

Summary

Review and connect what you learned.

Quiz Answers

Mental and Emotional Problems

Warm-Up

Get ready for the lesson.

Instruction

What are the best ways to deal with mental and emotional health problems?

Summary

Review and connect what you learned.

Quiz Answers

Stress and Stress Management

Warm-Up

Get ready for the lesson.

Instruction

What are some coping skills that help people deal with stress?

Summary

Review and connect what you learned.

Quiz Answers

Grief, Loss, Depression, and Suicide

Warm-Up

Get ready for the lesson.

Instruction

Why is it important to understand the warning signs and risk factors of depression and suicide?

Summary

Review and connect what you learned.

Quiz Answers

BullyingWarm

-Up

Get ready for the lesson.

[Instruction](#)

[Summary](#)

Review and connect what you learned.

[Quiz Answers](#)

[Seeking Help in Your Community](#)

[Warm-Up](#)

Get ready for the lesson.

[Instruction](#)

What are some resources in your community that offer mental, emotional, and social services?

[Summary](#)

Review and connect what you learned.

[Quiz Answers](#)

[Unit Test](#)

[Unit Test Review Answers](#)

[Unit Test Answers](#)